

RESOLUTION NUMBER 33
Consuelo Hopkins Wilkins, MD

WHEREAS, Consuelo Hopkins Wilkins, MD is an associate professor in the Department of Medicine, Division of Geriatrics and Nutritional Science, with secondary appointments in Psychiatry and Surgery (Public Health Sciences) at the School of Medicine at Washington University in St. Louis. She currently serves as co-director of the Center for Community Engaged Research in the Institute of Clinical and Translational Science, director of the Community Outreach Program in the Nutrition Obesity Research Center, and director of Our Community, Our Health - a collaborative program with Saint Louis University to disseminate culturally relevant health information and facilitate community-academic partnerships to address health disparities. Dr. Wilkins has served as Medical Director of Barnes-Jewish Extended Care since 2001; and

WHEREAS, Dr. Wilkins is also the founding director of the Center for Community Health and Partnerships at the Institute for Public Health at Washington University. The Office focuses on building and sustaining mutually-beneficial community-academic partnerships that effectively address the health needs of the St. Louis community; and

WHEREAS, the primary focus of her research has been on identifying and addressing risk factors (such as socioeconomic status, depression, weight, and vitamin D status) for cognitive impairment in older adults. Dr. Wilkins' research experience also includes a spectrum of clinical and translational projects including neuropathological studies of dementia in African Americans, neuroimaging studies in depressed older adults, and the development of tools to assess functional status in community-dwelling elderly; and

WHEREAS, in 2008, Dr. Wilkins launched CARE in Our Community, a transdisciplinary program, that uses community-based team approach and evidence-based interventions to improve mobility, decrease falls and decrease depressive symptoms (using individualized problem solving therapy). CARE is currently in its second cycle of funding and has enrolled more than 650 adults (65% live in HUD subsidized housing and 82% are African American) ; and

WHEREAS, Dr. Wilkins is also firmly committed to improving the health of under-served and disadvantaged groups. She has held offices in multiple professional and civic organizations including President of the Mound City Medical Forum (the St. Louis affiliate of the National Medical Association), Vice Chair for Region V of the National Medical Association, and Chair of the City of St. Louis' Affordable Housing Commission which administers grants and awards of more than \$4 million annually to support low-income families. She also serves as the Health Editor and a columnist of the nationally-recognized St. Louis American Newspaper, which reaches an audience of 200,000, mostly African Americans, weekly.

NOW THEREFORE BE IT RESOLVED by the Board of Aldermen of the City of St. Louis that we pause in our to honor Dr. Consuelo Wilkins, MD and we further direct the Clerk of this Board to spread a copy of this Resolution across the minutes of these proceedings and to prepare a commemorative copy to the end that it may be presented to our honorees at a time and place deemed appropriate by the Sponsor.

Introduced on the 24th day of May, 2012 by:

Honorable Charles Quincy Troupe, Alderman 1st Ward

Adopted this the 24th day of May, 2012 as attested by:

David W. Sweeney
Clerk, Board of Aldermen

Lewis E. Reed
President, Board of Aldermen